

MineWise™

A strategic wellbeing & resilience program for mining workforces.



Supporting mining and FIFO workers, Australia-wide

Industry inductions typically stop at site safety, and fail to prevent WHS risks like fatigue, heat stress, isolation and psychosocial hazards from becoming real workforce wellbeing concerns - and even bigger operational costs.

Built on a six-pillar framework, MineWise™ supports physical and psychological wellbeing across site, camp and home.

The MineWise™ framework

- Body & Fuel
- Sleep & Recovery
- Mind & Mood
- Crew & Communication
- Purpose & Development
- Home & Relationships



The business case for workforce wellbeing

- **\$6BN** estimated national cost of low psychosocial safety
- **\$2.30+ saved per \$1 invested**, with up to **6X ROI** for comprehensive programs
- **1.5X salary** average replacement cost per employee

What employers gain

- Alignment with WHS obligations
- More proactive, less reactive support
- Improved productivity
- Reduced lost time and costs
- Stronger retention and workplace culture

Why choose MineWise™

Grounded in credibility

Combines original content with evidence-based resources from qualified psychologists, government bodies, and WHS professionals.

Built for mining

Designed specifically for industry-related risks and the FIFO lifestyle, delivered by trainers with lived experience.

Broader than a single topic

Supports whole person wellbeing across six key areas, and complements existing training and support initiatives.

Flexible delivery

Available through face-to-face workshops on site, at metro or regional offices, or via online learning, making support accessible for your workforce anywhere in Australia.



Scan to learn more about MineWise™ and register your organisation's interest



We'd love to hear from you

If you're interested in bringing MineWise™ to your workplace, please get in touch to book a free consultation via phone call or face-to-face meeting (Perth region). Limited pilot partner opportunities are available.

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